

# Life after Mental Illness

## Bill MacPhee

There is life after mental illness and Bill MacPhee proves it!

Bill MacPhee works as a mental health advocate to help those who struggle with schizophrenia, just as he once did. In addition to founding Magpie Media and producing SZ Magazine, Bill travels throughout North America to give inspirational talks about how he pulled himself from the depths of depression to become the successful businessman, husband and father he is today.



OUR COMMUNITY  
OUTREACH SUPPORT  
PROUDLY ASSIST  
THOSE IN NEED OF  
HOUSING AND SUPPORT  
SERVICES

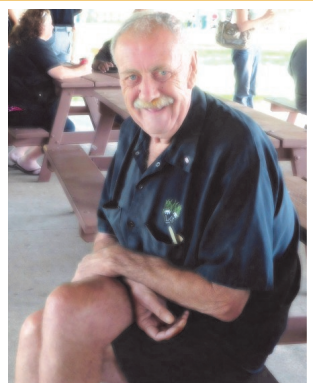


### MENTAL HEALTH

Supportive Housing | Case Management

178 King Street  
Welland, ON  
905. 735. 4445

## WE LISTEN. WE ACT. WE CARE



### FUNDING



Ontario

Hamilton Niagara Haldimand Brant  
Local Health Integration Network

Canada



Ministry of  
Health and Long-Term Care



Niagara Region  
Building Community. Building Lives.

helping good people do  
great things in their community

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NIAGARA  
COMMUNITY FOUNDATION

### 2014/15 BOARD OF DIRECTORS

PATTY BERARD  
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## A MESSAGE FROM OUR PRESIDENT PATTY BERARD



It is important to celebrate the people who share our vision and help us deliver our mission. Gateway Residential and Community Support Services, Donors, Board of Directors, Volunteers, Director, Managers, Staff, and Clients live out our values everyday as we

help the most vulnerable members of this community. Availability, flexibility, adaptability, hospitality and dignity are the guiding principles that are brought together by our most loyal supporters.

As President of the Board of Directors I am proud of the progress and accomplishments that Gateway has made this year. Our programs and services continue to be supported through strong partnerships with community organizations and government agencies as we expand to address the growing needs of our community. Our newest project will revitalize and provide growth with the development of more affordable housing in Niagara Falls.

It is vital that people living with a mental illness have equitable access to affordable, quality housing, along with supports. Offering both housing and support based on their choices should be paramount. Evidence suggests that offering housing choices to people with mental health problems improves stability and mental health. The development of a full range of housing and support options, include supplements and access to scattered site units, allows people to direct their own opportunities and find a place to call home that best suits their needs.

In the 1950's the average hospitalization period for mental health was seven years. In the 1970's it was one and a half years. Now we are down to an average hospitalization period of two weeks. We have pushed deinstitutionalization in hopes that the community services would better fit the needs of these people. This is why Gateway is a perfect fit for the community and the people it serves. With a team of dedicated staff who have our program at heart, and really care and respect our clients we are able to provide serves that are based on what they identify as their needs.

We have an amazing staff who give 100% of themselves under the leadership and direction of John Osczykpo. Our Board of Directors and committee members are also an important part, with their commitment to excellence and high standards, together we make an amazing team. Last but not least we would like to thank each and everyone of you for being a part of our Gateway family.



29 YEARS SERVING  
NIAGARA

GATEWAY  
Residential & Community Support Services

STOP THE STIGMA

GATEWAY  
Residential & Community Support Services



## OPENING NEW DOORS

The Boards of Gateway and of Open Door Concepts have entered into a partnership with the final outcome being that Gateway assumes the assets of Canal View Homes. We have cleared many hurdles and are waiting for final approval from the Ministry of Municipal Affairs and Housing.

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On January 1st, 2015 three new affordable housing units were added to 178 King St. Welland.

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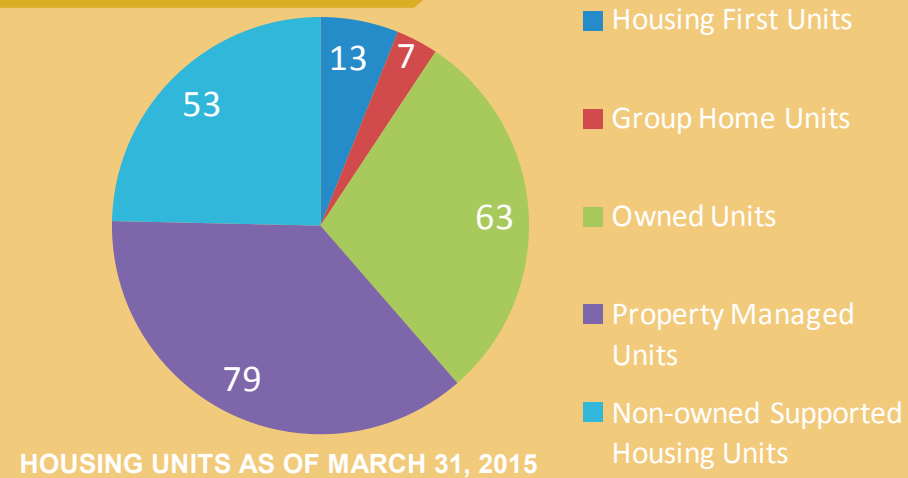
Gateway entered into a partnership agreement with LEAP Properties and is currently looking at building 9 new units of affordable housing in Niagara Falls.

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Gateway is a participant in the Housing First program. This program provides affordable supported housing to 17 individuals who were chronically homeless.



## HOUSING



HOUSING UNITS AS OF MARCH 31, 2015

## RECOGNITION

### Bill Grundy Memorial Award

#### Jessica

Jessica has made great strides living independently in the community. With the help of the Griffith Support Staff, Jessica was able to set goals for herself and obtain them. Today Jessica is a Peer Support to others who live at Griffith House, an active member of the Good Food Box and doing extremely well living independently in the community.



#### Caroline

Caroline moved into the group home a completely different person than she is today. Throughout her time at the group home she became a leader and support to others while reaching so many goals of her own. She continues to be a leader in the community through the Good Food Box program and continues to meet each goal she sets of herself.



### Dr. Peter Grant Memorial Award

#### Mark

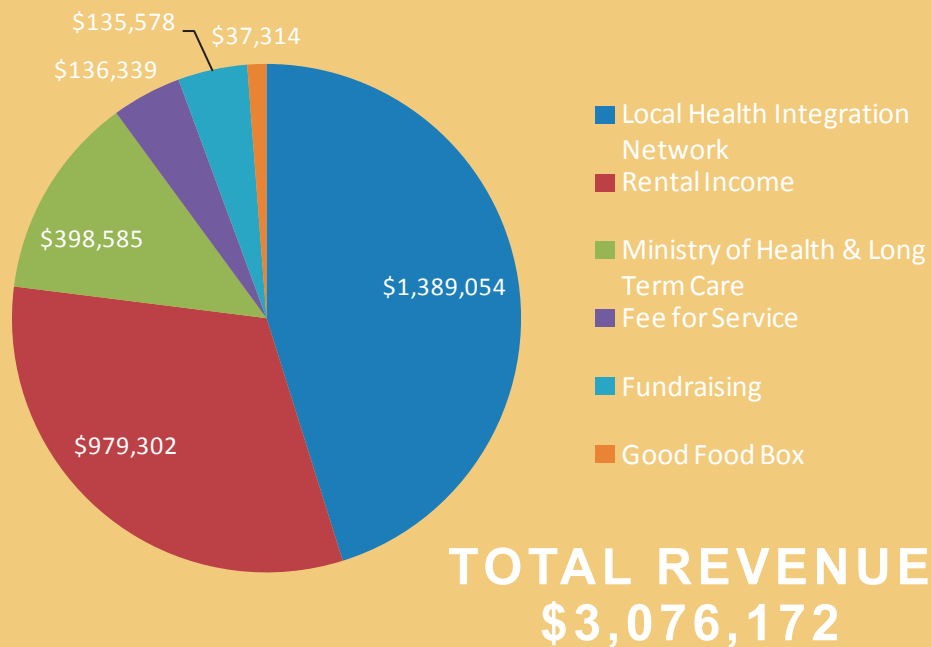
Mark came from England to re-start his life in Canada and found himself living at Gateway's group home. After a few years of trials and tribulations Mark starting achieving the goals he set for himself and completely turned his life around. Today Mark works full time, gives back to the community and is starting his own business.



THANK YOU TO ALL WHO GENEROUSLY CONTRIBUTED TO THE  
11th ANNUAL BILL GRUNDY GOLF TOURNAMENT AND AUCTION

OVER \$15k RAISED

## SOURCES OF REVENUE



TOTAL REVENUE  
\$3,076,172

## Good Food Box

1583

Boxes of fresh fruit and vegetables were delivered in Niagara last year



## VOLUNTEERS

Volunteers are an integral part of our organization.

They are often referred to as the **heart of our agency**.

Gateway has over 150 volunteers who dedicate their time and experience to help us make it the agency we are today.

CHECK OUT OUR  
REDESIGNED WEBSITE AT

WWW.GATEWAYOFNIAGARA.CA

## Gateway's Staff

### ADMINISTRATION

John Osczycko  
*Executive Director*  
Dee Tyler  
*Clinical Supervisor*  
Danielle Gdanski  
*Finance Manager*  
Pam Kartasinski  
*Property Manager*  
Shelly Mousseau  
*Resource & Development Manager*  
Vicki Jenkins  
*Admin Support*

### CASE MANAGERS

Ariella Aburto  
Linda Bartoszewski  
Vanessa Batcules  
Melyssa Belaire  
Russell Boutilier  
Cheryl Booth  
Martha Carpentier - Gibson  
Linda Fossey  
Ed Klassen  
Jennifer Kuhn  
Monica Lauzon  
Sandra Maletta - Todd  
Larry Minaker  
Dan Murdoch  
Devon Noxel  
Natalie Paquin  
Brian Price  
Tony Sforza  
Sean Vout

### CANADA SUMMER JOBS

Casey Wach  
Marcy Moorman

### MAINTENANCE & CUSTODIAL

Andrew Dawson  
Tom Fish  
Terry McKenney  
Peter Methot  
Dave Ullmann

### GOOD FOOD BOX

Jessica Bonfoco  
Caroline Kuruziak  
Tim Willick

Gateway would like to wish good luck and a farewell to our Case Managers, Anthony Ricciuti & Frank Fasano.

You will be missed by many.

## Community Partner Award

### Mental Health & Addictions Access Line

The Mental Health & Addictions Access Line team are a true reflection of community partnerships. For the past year the staff have worked in collaboration with Gateway to create a seamless transition into having a centralized access for all referrals to mental health and addiction services in Niagara.

